



Baby Bugle

18.05.2020

WEEK 8

SPECIAL POINTS OF INTER- EST:

- The not so easy easing
- Out and about
- All in a days work
- Life in lock-down

Outside the kitchen window of Rose Cottage, sat this little baby Gold Crest, learning to fly, he took his time, 2 hours, but with a little patience, planning and a bit of steadying he got there, and he took to the skies..

Not so easy easing

This is our 8th Baby Bugle, and over 8 weeks gone since we entered this strange period of our lives. To be honest, I didn't think I would still be bugling at the end of May.

The adjustments in this period of time were fast and frantic, brutal even, but how quickly we adapted to this new way of living.

Here in the Community we have been fortunate. Fortunate to have our environment, our resources and of course some rather wonderful weather. We have been

more fortunate to have the support and understanding of you, the families. Fortunate too, to have a committed and dedicated team of staff, each and everyone making a marked contribution in what ever their role is to ensure this has gone as smoothly and safely as we can manage. Perhaps most of all we have been fortunate to experience the resilience, adaptability and positivity that our wonderful community members have shown throughout these weeks.

Though for the most part

this time has gone smoothly, it hasn't been without its difficulties. Everyone has been under increased pressure, caused by not seeing families and living in self-isolating households within the community. The novelty does wear off and it can be frustrating, boring and limiting. But it has been safe, and we have a healthy population. Lock down in some ways provided security; clear action had to be taken, rigidity brings its own comfort.

Now we are being faced with a new dilemma, the easing of the lock down. There is in this a weight of responsibility bearing down on us. We have a tight rope to walk.

Life must resume, but risk must be minimised. We are working on this, a staged reintroduction to normality. We will keep you informed and work with you as we go. We ask your trust and patience, as step by step, hand in hand, we will go together down this path as we have done throughout.



When is a wheelbarrow not a wheelbarrow ...



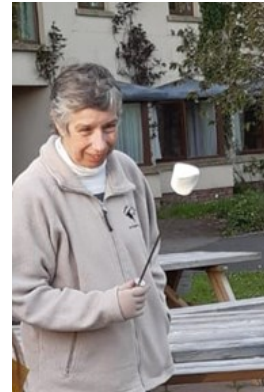
*Long sticks on the fire,
last week marshmallows,
this week bread, next
week???*



*Above:
James loves a good walk
and stops by to check
on the cows on his way.
Right: Christopher gets
to work painting the
picnic table, Columba
house take their BBQ
preparation very
seriously!*

Riverstown has started a new thing, a new house tradition and it involves hot coals and wheelbarrows. For the past few weekends, if the sun is shining the wheel barrow comes out, not for hard manual labour but for delightful delicacies.

On Saturday evenings the barrow transform into a campfire. When the flames die down, out come the sticks, and the marshmallows and the bread and here starts the process of some thoroughly enjoyable camp cooking. There is after all no better way to eat a marshmallow, soft, smoky with a burnt crispy crust.....mmmmm.. Liking this new tradition.



*The many stages of
campfire cooking, from
preparation to the final
toasting as, Alison,
Kathryn and Glenn
demonstrate.*



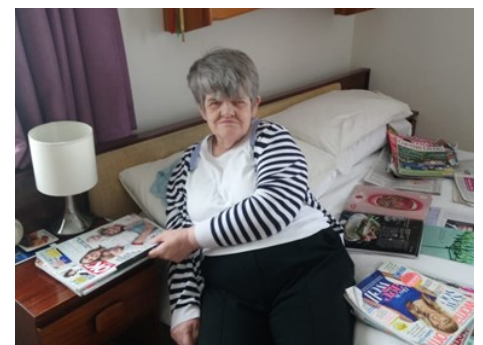
In and out doors

Enjoying the great outdoors is a common feature these days. But it can require a bit of work. Christopher and Jose spent a lot of time painting the picnic benches



*Left: Jo enjoys the
BBQ in the sun-
shine with a very
stylish hat. Below:
Thelma prefers to
take time with her
new stash of mag-
azines.*

that were later well enjoyed. Outdoors though isn't always everyone's cup of tea, some prefer curling up with a new magazine or two or twenty...



All in a day's work



Left: Emma Jane doing very intricate work on her loom, see above.

Right: Kate is getting fully engaged in every step of her next process, starting with boiling the wool.



Left Paul recognizes that the behind the scenes work of keeping the bakery clean and safe is top priority. Below: Paul Jerome is getting to grips with this too.



Left: Anna is really enjoying her experience in the Ceramic Workshop and can put her bakery skills to use in the pottery.



Far left: The finished piece in Puddleducks. Below: Michael and Paul Jerome hard at work on creating the base.



Project Puddleducks

Paul Jerome and the Artaban team have been involved in a Puddleducks project.

With the project in mind, after a bit searching the perfect piece of wood was found, an old tree root hiding on the farm. Paul Jerome got to work scraping, washing sanding and oiling this to a high polish. The work didn't stop there, as they also built the platform to house this new art installation.

Well done, it looks stunning.



Life in Lockdown

David Entwistle is a prolific writer, he enjoys keeping a diary and every evening makes his entries into his book. Dessie is a man who enjoys a good conversation and likes to share his thoughts and opinions. This prompted Kylie, the Rainbow support worker to ask them to make a contribution to this weeks Bugle, to talk about their experience of these times. Thankfully they agreed.

David's Diary David Entwistle

What I miss most is that I am not able to go to Kesh to see my Mummy and Daddy. I miss going to see Sean Kelly for my haircut. The virus will be over one day.

In mornings I help in the kitchen and go to the garden in the afternoon. I will go back to work in Artaban house when the virus is over one day.



David keeping his diary up to date in the Rainbow conservatory. Thank you David for sharing this with us.

Dessie's discourse Desmond Love



I miss my brother the most. I also miss the Dromore Centre and going to see Miss Adams.

I miss bringing duck eggs to Katherine Gore.

The virus should never have come about. But you can't be with other people, stay indoors and wear masks. Better to be inside than outside.

I enjoyed being outside today. I enjoyed doing the treasure hunt and having cake at Brigitte's house.

I hope everything can get back to normal, so I can get my massage from Alison Vance, do singing with Lee and have my lessons with Kate.

Dessie, enjoying a mug of tea in the sunshine and sharing his thoughts on life as he knows it. Thank you Dessie.